Tagliatelle with vegetable ragu



Ingredients

1 onion, finely chopped

2 celery sticks, finely chopped

2 carrots, diced

4 garlic cloves, crushed

1 tbsp each tomato purée and balsamic vinegar

250g diced vegetables, such as courgettes, peppers and mushroom

50g red lentil

2 x 400g cans chopped tomatoes with basil

250g tagliatelle (or your favourite pasta)

2 tbsp shaved parmesan (optional)

Method

- Tip the onion, celery and carrots into a large non-stick saucepan and add 2-3 tbsp water or stock, if you have some. Cook gently, stirring often, until the vegetables are soft.
- 2. Add the garlic, tomato purée and balsamic vinegar, cook on a high heat for 1 min more, add the diced veg, lentils, tomatoes, then bring up to the boil.
- 3. Turn to a simmer, then cook for about 20 mins. Meanwhile, cook the pasta following pack instructions, then drain. Season the ragu and serve with pasta and Parmesan on top, if you like.

Recipe from Good Food magazine, February 2012